



## Highschool Summer Program 2020

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### OVERVIEW

90TEN Training Academy provides the opportunity for young athletes to enhance their ability to perform by utilizing our signature training methods for those who are selected to join our competitive basketball teams. Our Summer program pushes our athletes' development by participating in Elite Tournaments throughout the country and provides visibility at NCAA certified tournaments with college recruiters present. We will have two or three 90TEN teams.

90TEN Spring/Summer season is open to Girls in current school year 8<sup>th</sup>-11<sup>th</sup> Grade.

### SCHEDULE

Our summer season begins in March and finishes July 26<sup>th</sup>.

### TRYOUTS

6:00-8:00PM located at ~~Tumwater High School~~ Northwest Sports Hub in Centralia, WA

- March 17<sup>th</sup> and 19<sup>th</sup>

### PRACTICE DATES: (Subject to change)

Sunday March 29<sup>th</sup>

Saturday/Sunday April 4<sup>th</sup> and 5<sup>th</sup>

Saturday/Sunday April 11<sup>th</sup> and 12<sup>th</sup>

Wednesday April 15<sup>th</sup>

The rest of April/May: Tuesday's and Thursday's 7:00-9PM at Tumwater Middle School.

\*Out of town players are not required to attend Tues/Thur practices. Weekly workouts will be given to complete.

### TENTATIVE TOURNAMENT SCHEDULE: (Subject to change)

- Auburn or similar: April 18<sup>th</sup>-19<sup>th</sup>
- Elite is earned: Walnut Creek, CA April 24<sup>th</sup>-26<sup>th</sup>
- Best in the West: Yakima, WA May 8-10<sup>th</sup> or similar
- Elite is Earned/EOT in Oregon City: May 15<sup>th</sup>-17<sup>th</sup>
- June off for High School
- July 5-8 Nike End of Trail (EOT) in Oregon
- July 9-12 Chicago Nike Nationals
- July 23-26 Las Vegas or Bay Area, CA

### FEES

- \$2,750

### FEES INCLUDE:

The team fee pays for all tournaments, uniform, coach expense and travel related costs, gym rental and all administrative costs.

### FEES DO NOT INCLUDE:

You are responsible for all your child's travel related costs such as hotel, airfare, rental car and any other expenses associated with out of town travel.

### CONTACT

[90TenTraining@gmail.com](mailto:90TenTraining@gmail.com)

### 90TEN Core Values

Respect · Trust · Integrity · Loyalty · Attitude · Teamwork · Discipline · Focus · Dedication