



## 90TEN PROGRAMS FOR 1<sup>ST</sup> – 6<sup>TH</sup> GRADE GIRLS

90TEN Training Academy provides the opportunity for our young athletes to learn to compete, as well as enhance their ability to perform by utilizing our signature training methods. Our athletes will be placed in a competitive environment to develop a winning mentality and skill set. Methods combining basketball fundamental skill training, competitive drills and games, and a complete mind-body-skill development program to help athletes reach their full potential on and off the court.

### 90TEN JR ELITE BASKETBALL PROGRAM FOR 1ST -3RD GRADE GIRLS 1ST-3RD GRADE

90TEN is exclusive in the development of basketball players. The 90TEN Jr Elite program is a scaled down version of our older 90TEN Elite Basketball teams – the same signature training methods without as big of a commitment, and still part of the 90TEN FAMILY. This program is for kids who wish to learn higher level skills than standard recreation basketball teams and leagues. Athletes can also still participate in their current team/league if they have one!

#### SCHEDULE

Our season begins November 4<sup>th</sup> and ends February 24<sup>th</sup>. We hold sessions once weekly on Sunday's, a team seminar once per month, as well as various team activities throughout the season. Players will learn skill development, team concepts, and will participate in scrimmage games held during practice times.

#### FEE'S

Cost is \$350 per player. Does not include uniform fee.

### 90TEN ELITE BASKETBALL PROGRAM FOR 4TH - 6TH GRADE GIRLS

#### SCHEDULE

Our season begins November 4<sup>th</sup> and ends in February 28<sup>th</sup>. We hold practices twice weekly Wednesday's (subject to change) and Sunday's, a team seminar once per month, as well as various team activities throughout the season. Teams will participate in games/tournaments depending upon player's grade level, competitive level of each team, player's growth development, and team growth development. We want our kids to compete and succeed at a high level of play and continue to assess their needs throughout the season and create our schedule accordingly. Tournament fees are not included in player's fees and will be an additional cost.

Please note: In the 2018-2019 90TEN season, we will use various gym locations. On occasion, we may run into issues we have not had in the past such as having to cancel practice last minute, practice starting later than the 6:00 start time, changing practice location, date and time. 90TEN will communicate directly with coaches and the coaches will communicate with players immediately upon any change. The cost of tuition has been reduced to accommodate for any inconvenience this may cause and there will be no refund given for any reason including cancelled practices, change in time etc.

#### FEE'S

Cost is \$450 per player. Does not include uniform fee or tournament cost.

#### UNIFORMS

Uniforms are required and are not included in the player's fee. Uniforms are \$75 to be paid upon receiving your uniform.

#### PARENT MEETING

October 28<sup>th</sup> at 6:30 PM at Tumwater High School

- Informational meeting – no commitment